

Investor Relations Contact: David Humphrey **Title:** Vice President – Investor Relations

Phone: 479-785-6200

Email: dhumphrey@arcb.com

ArcBest Announces Its First Quarter 2019 Earnings Conference Call

FORT SMITH, Arkansas, April 4, 2019 — <u>ArcBest</u>® (Nasdaq: ARCB) will announce its first quarter 2019 financial results after the market close on Thursday, May 2, 2019. A conference call with company executives will be held on the following day, Friday, May 3, 2019, at 9:30 a.m. EDT (8:30 a.m. CDT) to discuss these results. Interested parties are invited to listen by calling (800) 926-7431.

Call participants can submit questions on Thursday afternoon prior to the conference call by emailing them to <u>ir@arcb.com</u>. On the call, we will respond to as many questions as possible in the time available.

Following the call, a recorded playback will be available through the end of the day on June 15, 2019. To listen to the playback, dial (800) 633-8284 or (402) 977-9140 (for international callers). The conference ID for the playback is 21920420.

The call is being webcast and can be accessed live on ArcBest's website at <u>arcb.com</u>. A replay of the webcast can be accessed at ArcBest's website through June 15, 2019.

ABOUT ARCBEST

ArcBest® (Nasdaq: ARCB) is a leading logistics company with creative problem solvers who deliver integrated solutions. We'll find a way to deliver knowledge, expertise and a can-do attitude with every shipment and supply chain solution, household move or vehicle repair. At ArcBest, we're More Than Logistics™. For more information, visit arcb.com.

###